God Did, So Did I

A journey of faith, struggle, and staying sober

Introduction

This isn’t a perfect story.

It’s about fighting something that keeps calling your name and choosing, one day at a time, not to answer.

Some days I was strong. Some days I wasn’t.

But I’m still here.

Chapter 1: The Quiet

Nobody tells you how quiet it gets when you decide to change.

No chaos. No distractions. Just you and your thoughts.

“Be still, and know that I am God.” — Psalm 46:10

Chapter 2: The Voice

It doesn’t scream. It whispers.

You’ve been good. One time won’t hurt.

That voice knows you.

Chapter 3: The Lie

It always sounds different.

But it’s always the same lie.

“The truth will set you free.” — John 8:32

Chapter 4: Not Perfect

I didn’t get it right every time.

But I kept getting back up.

“Though the righteous fall seven times, they rise again.” — Proverbs 24:16

Chapter 5: Faith

There were moments I couldn't do it alone.

That's where faith came in.

"I can do all things through Christ who strengthens me." — Philippians 4:13

Chapter 6: One Day

Don't think about forever.

Just win today.

"Do not worry about tomorrow." — Matthew 6:34

Chapter 7: Identity

You are not your past.

You are who you choose to be today.

"If anyone is in Christ, he is a new creation." — 2 Corinthians 5:17

Chapter 8: Still Here

Not perfect.

Still here.

Chapter 9: Gratitude

You start appreciating the small things.

"Give thanks in all circumstances." — 1 Thessalonians 5:18

Chapter 10: Strength

You're still fighting.

And that means you haven't lost.

"The Lord is close to the brokenhearted." — Psalm 34:18

Final Chapter

I told myself I was done.

But that voice came back anyway.

“Just one more time.”

That’s how it always starts.

I sat there for a minute, just thinking.

Then I remembered how far I came.

Not perfect. Not clean forever.

But still here.

God gave me the strength.

But I still had to stand up.

God did.

So did I.